

January K-12 Grab & Go Breakfast

2023



SERVED WITH CHOICE

of

MILK

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>Whole Grain Cereal ^^ String Cheese @ Fruit Juice Applesauce Milk @</p>	<p>4</p> <p>Breakfast Apple Bites %@\$^+ Seasonal Fresh Fruit Fruit Juice Milk @</p>	<p>5</p> <p>Whole Grain Muffin +^\$%@ Fruit Juice Seasonal Fresh Fruit Milk @</p>	<p>6</p> <p>Whole Grain Vanilla Breakfast Square ^^% Fruit Juice Seasonal Fresh Fruit Milk @</p>
<p>9</p> <p>Whole Grain Cereal ^^ String Cheese @ Fruit Juice Seasonal Fresh Fruit Milk @</p>	<p>10</p> <p>Whole Grain Pillsbury Cinni Minis ^^@ Fruit Juice Seasonal Fresh Fruit Milk @</p>	<p>11</p> <p>Whole Grain Ch Chip Muffin +^\$%@ Seasonal Fresh Fruit Fruit Juice Milk @</p>	<p>12</p> <p>Whole Grain Breakfast Bar ^^+%\$@ Fruit Juice Seasonal Fresh Fruit Milk @</p>	<p>13</p> <p>Oatmeal Breakfast Bun ^^+%\$@ Fruit Juice Seasonal Fresh Fruit Milk @</p>
<p>16</p> <p>NO SCHOOL</p>	<p>17</p> <p>Whole Grain Cereal ^^ String Cheese @ Fruit Juice Applesauce Milk @</p>	<p>18</p> <p>Breakfast Apple Bites %@\$^+ Seasonal Fresh Fruit Fruit Juice Milk @</p>	<p>19</p> <p>Whole Grain Muffin +^\$%@ Fruit Juice Seasonal Fresh Fruit Milk @</p>	<p>20</p> <p>Whole Grain Vanilla Breakfast Square ^^% Fruit Juice Seasonal Fresh Fruit Milk @</p>
<p>23</p> <p>Whole Grain Cereal ^^ String Cheese @ Fruit Juice Seasonal Fresh Fruit Milk @</p>	<p>24</p> <p>Whole Grain Pillsbury Cinni Minis ^^@ Fruit Juice Seasonal Fresh Fruit Milk @</p>	<p>25</p> <p>Whole Grain Ch Chip Muffin +^\$%@ Seasonal Fresh Fruit Fruit Juice Milk @</p>	<p>26</p> <p>Whole Grain Breakfast Bar ^^+%\$@ Fruit Juice Seasonal Fresh Fruit Milk @</p>	<p>27</p> <p>Oatmeal Breakfast Bun ^^+%\$@ Fruit Juice Seasonal Fresh Fruit Milk @</p>
<p>30</p> <p>Cinnamon Bagel ^^ Cream Cheese @ Fruit Juice Seasonal Fresh Fruit Milk@</p>	<p>31</p> <p>Whole Grain Cereal ^^ String Cheese @ Fruit Juice Applesauce Milk @</p>			

All Elementary schools are peanut free schools—PB&J will always be replaced by peanut free sandwich (Sunbutter or Soybutter)

Peanuts!!

Pork*	Beef#
Whey=	Soy\$
Corn>	Wheat+
Milk@	Gluten^
Eggs%	Fish~